



WILLERBY CARR LANE PRIMARY SCHOOL



MENU CHOICE FOR WEEKS COMMENCING 14/03/11, 04/04/11, 09/05/11, 06/06/11, 27/06/11, 18/07/11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>HOT CHOICE Beef Burger</p> <p>served with Coleslaw, or Baked beans, Salad Bar, Bread *or*</p> <p>SANDWICH Cheese & Tomato Baguette *or*</p> <p>JACKET POTATO Cheese *****</p> <p>DESSERT Shortcake & Custard *or*</p> <p>Low Fat Fruit Yoghurt *or*</p> <p>Fresh Fruit</p> <p>*and*</p> <p>Apple Juice</p>	<p>HOT CHOICE Roast Chicken & Stuffing</p> <p>served with Roast Potato, Peas, Carrots, Salad Bar, Bread *or*</p> <p>SANDWICH Ham Wrap *or*</p> <p>JACKET POTATO Beans *****</p> <p>DESSERT Oaty Biscuit *or*</p> <p>Fresh Fruit *or*</p> <p>Low Fat Fruit Yoghurt</p> <p>*and*</p> <p>Orange Juice</p>	<p>HOT CHOICE Fishcake & Ketchup</p> <p>served with Chunky Chips, Sweetcorn, Salad Bar, Bread *or*</p> <p>SANDWICH Cheese & Tomato Baguette *or*</p> <p>JACKET POTATO Tuna Mayo *****</p> <p>DESSERT Banana & Chocolate Muffin *or*</p> <p>Fresh Fruit *or*</p> <p>Low Fat Fruit Yoghurt</p> <p>*and*</p> <p>Cranberry Juice</p>	<p>HOT CHOICE Roast Beef & Yorkshire Pudding served with Potato Carrots, Broccoli, Salad Bar, Bread *or*</p> <p>SANDWICH Tuna Mayo Wrap *or*</p> <p>JACKET POTATO Cheese/Coleslaw *****</p> <p>DESSERT Frozen Yoghurt *or*</p> <p>Fresh Fruit *or*</p> <p>Low Fat Fruit Yoghurt</p> <p>*and*</p> <p>Apple Juice</p>	<p>HOT CHOICE Chicken Korma served with Steamed Rice, Cauliflower, Salad Bar, Bread *or*</p> <p>SANDWICH Ham & Cheese Baguette *or*</p> <p>JACKET POTATO Tuna *****</p> <p>DESSERT Iced Cornflake Special & Custard *or*</p> <p>Low Fat Fruit Yoghurt *or*</p> <p>Fresh Fruit</p> <p>*and*</p> <p>Cranberry Juice</p>

Please note: Individual schools may also offer a salad bar or sandwich option as an alternative to a hot meal. These additional services are not included in the overall nutrient analysis chart printed on the reverse of this leaflet.

Please be aware that these dishes may contain traces of nut or nut derivatives. Special dietary requirements can be catered for, please contact school for details. It may be necessary to change the menu without prior notice.