



WILLERBY CARR LANE PRIMARY SCHOOL



MENU CHOICE FOR WEEKS COMMENCING 07/03/11, 28/03/11, 02/05/11, 23/05/11, 20/06/11, 11/07/11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>HOT CHOICE Yorkshire Pudding Savoury Mince</p> <p>served with Mashed Potato, Cauliflower, Broccoli, Salad Bar, Bread *or*</p> <p>SANDWICH Cheese Wrap *or*</p> <p>JACKET POTATO Tuna Mayo *****</p> <p>DESSERT Chocolate Crackle & Custard *or* Low Fat Fruit Yoghurt *or* Fresh Fruit</p> <p>*and* Apple Juice</p>	<p>HOT CHOICE Lasagne</p> <p>served with Garlic Bread, Broccoli, Carrots, Salad Bar, Bread *or*</p> <p>SANDWICH Tuna Mayo Baguette *or*</p> <p>JACKET POTATO Beans *****</p> <p>DESSERT Jelly & Fruit *or* Fresh Fruit *or* Low Fat Fruit Yoghurt</p> <p>*and* Orange Juice</p>	<p>HOT CHOICE Chicken Nuggets</p> <p>served with Chunky Chips, Baked Beans, Salad Bar, Bread *or*</p> <p>SANDWICH Ham Baguette *or*</p> <p>JACKET POTATO Cheese/Coleslaw *****</p> <p>DESSERT Iced Cupcake *or* Fresh Fruit *or* Low Fat Fruit Yoghurt</p> <p>*and* Cranberry Juice</p>	<p>HOT CHOICE Roast Turkey and Sage & Onion Stuffing</p> <p>served with Roast Potato Carrots, Green Beans, Salad Bar, Bread *or*</p> <p>SANDWICH Cheese and Tomato Baguette *or*</p> <p>JACKET POTATO Tuna Mayo *****</p> <p>DESSERT Peaches & Ice Cream *or* Fresh Fruit *or* Low Fat Fruit Yoghurt</p> <p>*and* Apple Juice</p>	<p>HOT CHOICE Crumbed Fish & Ketchup</p> <p>served with Potato Wedges, Peas, Sweetcorn, Salad Bar, Bread *or*</p> <p>SANDWICH Tuna Mayo Wrap *or*</p> <p>JACKET POTATO Cheese *****</p> <p>DESSERT Bakewell Tart & Custard *or* Low Fat Fruit Yoghurt *or* Fresh Fruit</p> <p>*and* Cranberry Juice</p>

Please note: Individual schools may also offer a salad bar or sandwich option as an alternative to a hot meal. These additional services are not included in the overall nutrient analysis chart printed on the reverse of this leaflet.

Please be aware that these dishes may contain traces of nut or nut derivatives. Special dietary requirements can be catered for, please contact school for details. It may be necessary to change the menu without prior notice.



WILLERBY CARR LANE PRIMARY SCHOOL



MENU CHOICE FOR WEEKS COMMENCING 14/03/11, 04/04/11, 09/05/11, 06/06/11, 27/06/11, 18/07/11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>HOT CHOICE Beef Burger</p> <p>served with Coleslaw, or Baked beans, Salad Bar, Bread *or*</p>	<p>HOT CHOICE Roast Chicken & Stuffing</p> <p>served with Roast Potato, Peas, Carrots, Salad Bar, Bread *or*</p>	<p>HOT CHOICE Fishcake & Ketchup</p> <p>served with Chunky Chips, Sweetcorn, Salad Bar, Bread *or*</p>	<p>HOT CHOICE Roast Beef & Yorkshire Pudding served with Potato Carrots, Broccoli, Salad Bar, Bread *or*</p>	<p>HOT CHOICE Chicken Korma served with Steamed Rice, Cauliflower, Salad Bar, Bread *or*</p>
<p>SANDWICH Cheese & Tomato Baguette *or*</p>	<p>SANDWICH Ham Wrap *or*</p>	<p>SANDWICH Cheese & Tomato Baguette *or*</p>	<p>SANDWICH Tuna Mayo Wrap *or*</p>	<p>SANDWICH Ham & Cheese Baguette *or*</p>
<p>JACKET POTATO Cheese *****</p>	<p>JACKET POTATO Beans *****</p>	<p>JACKET POTATO Tuna Mayo *****</p>	<p>JACKET POTATO Cheese/Coleslaw *****</p>	<p>JACKET POTATO Tuna *****</p>
<p>DESSERT Shortcake & Custard *or*</p>	<p>DESSERT Oaty Biscuit *or*</p>	<p>DESSERT Banana & Chocolate Muffin *or*</p>	<p>DESSERT Frozen Yoghurt *or*</p>	<p>DESSERT Iced Cornflake Special & Custard *or*</p>
<p>Low Fat Fruit Yoghurt *or*</p>	<p>Fresh Fruit *or*</p>	<p>Fresh Fruit *or*</p>	<p>Fresh Fruit *or*</p>	<p>Low Fat Fruit Yoghurt *or*</p>
<p>Fresh Fruit</p>	<p>Low Fat Fruit Yoghurt</p>	<p>Low Fat Fruit Yoghurt</p>	<p>Low Fat Fruit Yoghurt</p>	<p>Fresh Fruit</p>
<p>*and*</p>	<p>*and*</p>	<p>*and*</p>	<p>*and*</p>	<p>*and*</p>
<p>Apple Juice</p>	<p>Orange Juice</p>	<p>Cranberry Juice</p>	<p>Apple Juice</p>	<p>Cranberry Juice</p>

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