



WILLERBY CARR LANE PRIMARY SCHOOL



MENU CHOICE FOR WEEKS COMMENCING 11/01/10, 01/02/10, 01/03/10, 22/03/10

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">HOT CHOICE Sausages</p> <p align="center">served with Jacket Potatoes, Peas, Sweetcorn, Salad Bar, Bread *or*</p> <p align="center">SANDWICH Cheese & Tomato Baguette *or*</p> <p align="center">JACKET POTATO Tuna Mayo *****</p> <p align="center">DESSERT Peaches & Hot Chocolate Sauce *or* Low Fat Fruit Yoghurt *or* Fresh Fruit *and* Apple or Orange Juice</p>	<p align="center">HOT CHOICE Minced Steak & Veg Pie</p> <p align="center">served with Potato Wedges, Broccoli, Cauliflower, Salad Bar, Bread *or*</p> <p align="center">SANDWICH Tuna Mayo Wrap *or*</p> <p align="center">JACKET POTATO Cheese *****</p> <p align="center">DESSERT Semolina Pudding *or* Frozen Yoghurt *or* Fresh Fruit *and* Apple or Orange Juice</p>	<p align="center">HOT CHOICE Roast Turkey & Stuffing</p> <p align="center">served with Mashed Potato, Green Beans, Carrots, Salad Bar, Bread *or*</p> <p align="center">SANDWICH Egg Baguette *or*</p> <p align="center">JACKET POTATO Beans *****</p> <p align="center">DESSERT Oaty Biscuit *or* Low Fat Fruit Yoghurt *or* Fresh Fruit *and* Orange or Cranberry Juice</p>	<p align="center">HOT CHOICE Fishcake & Tomato Ketchup</p> <p align="center">served with Sweetcorn, Mushy Peas, Salad Bar, Bread *or*</p> <p align="center">SANDWICH Ham & Cheese Wrap *or*</p> <p align="center">JACKET POTATO Tuna Mayo *****</p> <p align="center">DESSERT Steamed Chocolate Sponge & Custard *or* Fresh Fruit *or* Low Fat Fruit Yoghurt *and* Apple or Orange Juice</p>	<p align="center">HOT CHOICE Roast Beef & Yorkshire Pud</p> <p align="center">served with Roast Potatoes, Spring Greens, Carrots, Salad Bar, Bread *or*</p> <p align="center">SANDWICH Ham Baguette *or*</p> <p align="center">JACKET POTATO Cheese & Coleslaw *****</p> <p align="center">DESSERT Fresh Fruit Salad *or* Low Fat Fruit Yoghurt *and* Apple or Cranberry Juice</p>

Please note: Individual schools may also offer a salad bar or sandwich option as an alternative to a hot meal. These additional services are not included in the overall nutrient analysis chart printed on the reverse of this leaflet.

Please be aware that these dishes may contain traces of nut or nut derivatives. Special dietary requirements can be catered for, please contact school for details. It may be necessary to change the menu without prior notice.

Denotes dishes that are freshly made in the kitchen.